## THE MORE LIFE COMPANY CORP.

## NOTICE OF ANNUAL GENERAL MEETING OF SHAREHOLDERS

**NOTICE IS HEREBY GIVEN** that the annual general meeting (the "**Meeting**") of holders (the "**Shareholders**") of common shares of The More Life Company Corp. (formerly Mountain Valley MD Holdings Inc.) ("**More Life**" or the "**Company**") will be held on October 20, 2026, at 11:00 a.m. ET by ZOOM video conference as further described below and in the management information circular dated September 9, 2026 (the "**Circular**"):

1. to receive the audited financial statements of the Company for the fiscal year ended March 31, 2026, and the report of the auditors thereon;

2. to determine the number of directors and elect directors for the ensuing year;

3. to appoint Crowe MacKay LLP as the auditors of the Company for the ensuing year and to authorize the Directors to fix their remuneration; and

4. to transact such other business, including amendments to the foregoing, as may properly come before the Meeting or any adjournment or adjournments thereof.

## AVAILABILITY OF PROXY MATERIALS

The Company is using notice-and-access to deliver proxy-related materials to Shareholders for the Meeting. This Notice of Meeting (the "**Notice**") is accompanied by a voting instruction form or form of proxy, as applicable, and provides instructions on how Shareholders may access the management information circular dated September 9, 2026 (the "**Circular**") and other proxy-related materials electronically and how Shareholders may request paper copies of such materials. The nature of the business to be transacted at the Meeting is described in further detail in the Circular, which is available electronically as described below and may be requested in paper form. The Circular is deemed to form part of this Notice.

For the purposes of this Notice, the Circular, this Notice, the Company's audited annual financial statements for the fiscal year ended March 31, 2026 and the related management's discussion and analysis are collectively referred to as the "**Meeting Materials**". The Meeting Materials are available for viewing and downloading under the Company's profile on SEDAR+ at www.sedarplus.ca and on the Company's website at themorelife.company/agm.

Shareholders may request paper copies of the Meeting Materials, at no cost, for up to one year from the date the Meeting Materials are filed on SEDAR+. Requests for paper copies may be made by contacting Odyssey Trust Company by telephone at 1-888-290-1175 (toll-free within North America) or 1-587-885-0960 (direct from outside North America), or through Odyssey Trust Company's online help page at https://odysseytrust.com/ca-en/help/. In order to receive paper copies in advance of the proxy deposit deadline and the Meeting date, requests should be received by October 6, 2026.

The Company is providing paper copies of the Circular only to those registered Shareholders and beneficial Shareholders that have previously requested to receive paper materials.

The Company is providing paper copies or emailing electronic copies of its annual financial statements and related management's discussion and analysis to registered Shareholders and beneficial Shareholders that have elected to receive annual financial statements and have indicated a preference for either delivery method.

## INFORMATION ABOUT THE MEETING

**ATTENDING THE MEETING – LINK TO ZOOM VIDEO CONFERENCE:** The Meeting will be held by ZOOM video conference. The following link leads to the registration page for the Meeting. Registration must be completed in order to attend the Meeting and can be done at any time leading up to the Meeting. Shareholders will have an equal opportunity to participate at the Meeting by video conference regardless of their geographic location. In order to assist the scrutineer with attendance, each shareholder is asked to log into the Meeting with the shareholder's first and last name (matching the registration of the shareholder's Common Shares).

themorelife.company/agm

**SHAREHOLDERS ARE STRONGLY ENCOURAGED TO VOTE ON THE MATTERS BEFORE THE MEETING BY PROXY, BEFORE OCTOBER 16, 2026, 11:00 A.M. ET FOR REGISTERED SHAREHOLDERS AND OCTOBER 15, 2026 FOR BENEFICIAL HOLDERS (I.E. THOSE WHO HOLD SHARES WITH INTERMEDIARIES).**

The Board of Directors of the Company has fixed September 4, 2026, as the record date (the "**Record Date**") for the determination of shareholders entitled to receive notice of and to vote at the Meeting and at any adjournment or postponement thereof. Each registered shareholder at the close of business on that date is entitled to receive notice and to vote at the Meeting (in person [by video conference] or by proxy) in the circumstances set out in the Circular.

**VOTING YOUR SHARES**: Prior to the Meeting (before the proxy cut-off on October 16, 2026 for registered shareholders and October 15, 2026 for beneficial shareholders), shareholders may vote their common Shares online, by phone, email, fax or by mail according to the directions on the form of proxy (if you are a registered shareholder) or voting instruction form (if you are a beneficial shareholder), as described in the Circular.

If you are a registered shareholder and wish to vote by proxy, you may vote by mail, email, fax or online. Please complete, date and sign the accompanying form of proxy and deliver it to the Company's transfer agent, Odyssey Trust Company. **Whether you wish to vote on the internet, or if using any other method listed above, your proxy must be received by Odyssey Trust Company no later than October 16, 2026, at 11:00 a.m. (Eastern time), or, if the Meeting is adjourned or postponed, no later than 48 hours (excluding Saturdays, Sundays and holidays in the Province of Ontario) before any adjourned or postponed Meeting.** You must send your proxy to the Company's transfer agent by either using the envelope provided or by mailing the proxy to Odyssey Trust Company, Proxy Department, Trader's Bank Building, 1100 – 67 Yonge Street, Toronto, Ontario M5E 1J8. You may vote by email at proxy@odysseytrust.com, Attention: Proxy Department or by fax to 1 (800) 517-4553. You may also vote on the internet by going to https://login.odysseytrust.com/pxlogin and following the instructions. **You will need your 12-digit control number located on the form of proxy.**

If you are a non-registered (beneficial) shareholder and received this Notice of Meeting and related materials through a broker, financial institution, participant, trustee or administrator of a self-administered retirement savings plan, retirement income fund, education savings plan or other similar self-administered savings or investment plan registered under the Income Tax Act (Canada), or a nominee of any of the foregoing that holds your securities on your behalf (each, an "**Intermediary**"), please complete and return the materials in accordance with the instructions provided to you by your Intermediary.

**As voting at the Meeting will likely be by way of "show of hands" (or the equivalent by video conference options available on the ZOOM or other video conference platform), in the event that a ballot is required pursuant to the *Business Corporations Act* (Ontario) ("OBCA") during the Meeting, ballots will be delivered to and collected from registered shareholders by way of email or other electronic means, which may require a short delay during the Meeting or an adjournment on that topic until after the Meeting. As such, voting in advance by proxy as described above is strongly encouraged.**

As a shareholder of the Company, it is very important that you access and read the Circular and other Meeting Materials carefully before voting.

Dated at the City of Toronto, in the Province of Ontario, this 9th day of September, 2026.

By order of the Board of Directors

*"Dennis Hancock"*

Dennis Hancock
Chair and Chief Executive Officer